

CARA ANDERSON, MA

Intern

Freedman & Associates
2110 Iron Street, Bellingham, WA 98225
360-734-2664

Terms of Service / Disclosure Statement

Introduction

This document is intended to provide important information regarding your treatment and our professional relationship. Please read the entire document carefully and be sure to ask any questions that you may have regarding its content.

Confidentiality

All communications between you and I will be held in strict confidence, with a few exceptions as required by law. These limitations are outlined in the “Notice of Practices Regarding Protected Health Information” form you have received.

Experience and Training

I am currently a doctoral candidate in clinical psychology at Fuller Graduate School of Psychology. I am in my sixth, and final, year of studies and will complete my Doctorate of Psychology in June 2011. I have previously received an MA in psychology and a BA in Honors psychology. I will be working at Freedman & Associates through May 2011.

Supervision

As I am in the process of completing my psychological training, my clinical work at Freedman & Associates is supervised by Dr. Jason Prinster and Dr. Evan Freedman, both licensed psychologists. I will consult with Dr. Prinster and/or Dr. Freedman along with other professionals at Freedman & Associates in order to provide you with the best treatment possible.

Therapy Appointments

Therapy sessions are normally 50 minutes in length, scheduled at the same time each week. Consistent attendance greatly contributes to successful therapeutic outcomes, and is much appreciated.

Cancellations

Your appointment times are reserved for you alone. I respect your time, and try very hard to begin and end on time. In the event that you need to cancel or reschedule an appointment, you are expected to contact me at 360-734-2664, ext. 23 **at least 24 hours in advance** of your scheduled appointment. Otherwise you will be charged the **full fee** for the session missed.

Billing Practices

Payment for services will be due at each session. Payment for services will be \$30. If you cannot make it to a session, please phone 24 hours in advance. Cancellations without 24 hours of notice, and no-shows will be charged at the full fee. In the event that payment has not been received, your personal information may be given to a collections agency in order to acquire payment.

Emergencies

If you have an emergency between sessions, I can be reached by phone at 360-734-2664, ext. 23. While I am not always available by phone, I will return your call within 48 hours. If you are unable to reach me when you feel the need for emergency help, Freedman & Associates also has a 24-hour on-call therapist who may be contacted by calling (360) 325-3999. Alternately, you may call one of the following hotlines:

- Volunteers of America: **1-800-584-3578**.
- Crisis hotline: **1-800-273-TALK** (1-800-273-8255)
- Suicide hotline: **1-800-SUICIDE** (1-800-784-2433)

In the event of a medical emergency or an emergency involving a threat to your safety or the safety of others, please call **911**.

Therapeutic Process

I believe the relationship between therapist and client is vital to the therapeutic process. Often, change occurs through relationship, as relationship allows for an increase in self-understanding as well as an experience of being fully known and accepted by another.

Privacy Practices

Please read the attached Notice of Privacy Practices for more information about your privacy rights, and initial here to acknowledge that you received a copy of the notice:

Consent for Therapeutic Services

Your signature below indicates that you have read and understand this contract for therapeutic services. Your signature below indicates your understanding and agreement with its contents.

Signature of Client

Date

Cara Anderson, MA, Intern

Date

Supervisor

Date